

ALERTNESS

Being aware of what is taking place around me so I can respond appropriately

ATTENTIVENESS

Concentrating on the person or task before me

AVAILABILITY

Willingness to change my schedule and priorities to meet a need

CAUTIOUSNESS

Taking time to ensure the right decision is made or action is taken

COMPASSION

Helping those in need

COOPERATION

Understanding others so I can effectively work with them

COURAGE

Overcoming fear by saying and doing what is right

CREATIVITY

Approaching a need, a task, or an idea from a new perspective

DECISIVENESS

Processing information and finalizing difficult decisions

DEPENDABILITY

Fulfilling commitments even in the face of difficulty

DETERMINATION

Overcoming obstacles in order to reach my goal

DILIGENCE

Focusing my effort on the work at hand

DISCIPLINE

Choosing behaviors to help me reach my goals

ENDURANCE

The inner strength to withstand stress and do my best

ENTHUSIASM

Expressing interest and excitement in what I do

FLEXIBILITY

Adjusting to change with a good attitude

FORGIVENESS

Releasing feelings of resentment

GENEROSITY

Managing resources to freely give

GRATEFULNESS

Demonstrating appreciation to others for what I have and how they have helped me

HONESTY

Being truthful in what I say and do

HUMILITY

Recognizing the people and factors that have shaped my life

INITIATIVE

Recognizing and doing what needs to be done before I am asked to do it

LOYALTY

Demonstrating commitment to others

ORDERLINESS

Organizing my thoughts and surroundings for greater achievement

PATIENCE

Taking the time necessary to work through a difficult situation

PERSUASIVENESS

Effectively communicating with others so they can better understand

POSITIVITY

Maintaining a good attitude, even when faced with difficulty

PUNCTUALITY

Showing respect for others by doing the right thing at the right time

RESILIENCE

Recovering from adversity

RESPECT

Treating others with honor and dignity

RESPONSIBILITY

Knowing and doing what is expected of me

SINCERITY

Doing what is right with transparent motives

THOROUGHNESS

Taking care of necessary details

TOLERANCE

Demonstrating respect for others who do not share my perspective

TRUSTWORTHINESS

Gaining the confidence of others by demonstrating reliability

WISDOM

Making practical application of what is learned