Alertness vs. Carelessness
Being aware of what is taking place around me so I can have the right responses

Attentiveness vs. Distraction
Showing the worth of a person or task by giving my undivided concentration

Availability vs. Self-Centeredness
Making my own schedule and priorities secondary to the wishes of those I serve

Benevolence vs. Selfishness
Giving to others’ basic needs without having as my motive personal reward

Boldness vs. Fearsfulness
Confidence that what I have to say or do is true, right, and just

Cautiousness vs. Rashness
Knowing how important right timing is in accomplishing right actions

Compassion vs. Indifference
Investing whatever is necessary to heal the hurts of others

Contentment vs. Covetousness
Realizing that true happiness does not depend on material conditions

Creativity vs. Underachievement
Approaching a need, a task, or an idea from a new perspective

Decisiveness vs. Procrastination
The ability to recognize key factors and finalize difficult decisions

Defiance vs. Rudeness
Limiting my freedom so I do not offend the tastes of those around me

Dependability vs. Inconsistency
Fulfilling what I consented to do, even if it means unexpected sacrifice

Determination vs. Faintheartedness
Purposing to accomplish right goals at the right time, regardless of the opposition

Diligence vs. Slothfulness
Investing my time and energy to complete each task assigned to me

Discernment vs. Shortsightedness
Understanding the deeper reasons why things happen

Discretion vs. Spontaneity
Recognizing and avoiding words, actions, and attitudes that could bring undesirable consequences

Endurance vs. Discouragement
The inward strength to withstand stress and do my best

Enthusiasm vs. Apathy
Expressing joy in each task as I give it my best effort

Faith vs. Presumption
Confidence that actions rooted in good character will yield the best outcome, even when I cannot see how

Flexibility vs. Resistance
Willingness to change plans or ideas without getting upset

Forgiveness vs. Rejection
Clearing the record of those who have wronged me and not holding a grudge

Generosity vs. Stinginess
Carefully managing my resources so I can freely give to those in need

Gentleness vs. Harshness
Showing consideration and personal concern for others

Gratefulness vs. Ungratefulness
Letting others know by my words and actions how they have benefited my life

Honor vs. Disrespect
Respecting others because of the higher authorities they represent

Hospitality vs. Loneliness
Cheerfully sharing food, shelter, or conversation to benefit others

Humility vs. Arrogance
Acknowledging that achievement results from the investment of others in my life

Initiative vs. Indolence
Recognizing and doing what needs to be done before I am asked to do it

Joyfulness vs. Self-Pity
Maintaining a good attitude, even when faced with unpleasant conditions

Justice vs. Corruption
Taking personal responsibility to uphold what is pure, right, and true

Loyalty vs. Unfaithfulness
Using difficult times to demonstrate my commitment to those I serve

Meekness vs. Anger
Yielding my personal rights and expectations with a desire to serve

Obedience vs. Wildness
Quickly and cheerfully carrying out the direction of those who are responsible for me

Orderliness vs. Confusion
Arranging myself and my surroundings to achieve greater efficiency

Patience vs. Restlessness
Accepting a difficult situation without giving a deadline to remove it

Persuasiveness vs. Contentiousness
Guiding vital truths around another’s mental roadblocks

Punctuality vs. Tardiness
Showing esteem for others by doing the right thing at the right time

Resourcefulness vs. Wastefulness
Finding practical uses for which others would overlook or discard

Responsibility vs. Unreliability
Knowing and doing what is expected of me

Security vs. Anxiety
Structuring my life around that which cannot be destroyed or taken away

Self-Control vs. Self-Indulgence
Rejecting wrong desires and doing what is right

Sensitivity vs. Callousness
Perceiving the true attitudes and emotions of those around me

Sincerity vs. Hypocrisy
Eagerness to do what is right with transparent motives

Thoroughness vs. Incompleteness
Knowing what factors will diminish the effectiveness of my work or words if neglected

Thriftiness vs. Extravagance
Allowing myself and others to spend only what is necessary

Tolerance vs. Prejudice
Realizing that everyone is at varying levels of character development

Truthfulness vs. Deception
Earning future trust by accurately reporting past facts

Virtue vs. Impurity
The moral excellence evident in my life as I consistently do what is right

Wisdom vs. Foolishness
Seeing and responding to life situations from a perspective that transcends my current circumstances